

Community Chest Application Summary 2017/2018

Local Authority	St Edmundsbury Borough Council
Organisation	The Matthew Project
Amount Requested	<i>£10,306</i>
Total Project Cost	<i>£10,306</i>
Match Funding	None
Partnerships	No
West Suffolk Bid?	No

Key Points

- The Matthew Project is a value driven charity based in Norfolk and Suffolk working with adults, children, adults and communities affected by drugs, alcohol and other related issues. The Matthew Project was established in 1984 and has a strong local reputation for delivering high quality, effective services, in both prevention and treatment.
- We would like funding to deliver the 2 week (10 days) Crucial Crew in St Edmundsbury along with 15 supporting primary school sessions. The supporting primary school sessions will be offered to the schools that attend the Crucial Crew weeks as pre or post session.
- These sessions will resource pupils to make positive choices, remain safe and form healthy relationships. Having an overall impact on the child's wellbeing, physical and mental health.
- Project start: **When funding is received**
- Project end: **1 full academic year, or 3 consecutive terms**

St Edmundsbury Borough Council
Community Chest Grant Application Form
Part A



Community Chest funding supports voluntary and community groups who make a contribution to improving the quality of life for people in West Suffolk. The information you provide will help us consider your application. If you have any questions, please give us a call on 01638 719763. Before completing this form, we ask you to please read the guidelines, which are available on:

<http://www.westsuffolk.gov.uk/community/community-grants.cfm>

Please return your completed, signed form and supplementary documents to:

richard.baldwin@westsuffolk.gov.uk

1. Name of your organisation(s):

The Matthew Project

2. Organisation address details

Address Ln1	Nedeham House		
Address Ln2	22 St Stephens Road		
Address Ln3			
City/Town	Norwich	Postcode	NR1 3QU
Main phone	01603 626123	E-mail	
Website	www.matthewproject.org		

Main Contact Person		Second Contact Person	
Title	Mrs	Title	Mrs
Forename	Esther	Forename	Lisa
Surname	Heybourne	Surname	Hallett
Role	Youth Team Manager	Role	Head of Development
Daytime Tel No.	01603 216424	Daytime Tel No.	01603 626123
Mobile No.	07765232028	Mobile No.	
Email	esther.heybourne@matt hewproject.org	Email	lisa.hallett@matthewpro ject.org
Address Details (if different from Org address)		Address Details (if different from Org address)	
Ln1		Ln1	
Ln2		Ln2	
Town		Town	

Post Code		Post Code	
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About your organisation

3. What local authority area(s) does your organisation work in?

Norfolk & Suffolk

*Community Chest funding is offered by both Forest Heath and St Edmundsbury councils. As the decision making process is different any projects applying for funding across West Suffolk, must apply separately.

4. What is the status of your organisation?

Registered charity	X	Charity number: 1122801
Applying for charitable status		
Company limited by guarantee	X	Company number: 6388343
Community Interest Company		
Part of a larger regional or national charity (Please state which one)		
Constituted Community Group		
Social Enterprise		
Other (Please specify)		

5. How many people are involved in your organisation?

Management committee	7	Service users	
Full Time staff / workers	69	Volunteers and helpers (non-management)	33
Part Time staff / workers	59		

6. What is the purpose of your organisation? Please briefly describe why your organisation was set up, its aims and objectives and who primarily benefits from your organisation.

The Matthew Project is a value driven charity based in Norfolk and Suffolk working with adults, children, adults and communities affected by drugs, alcohol and other related issues. The Matthew Project was established in 1984 and has a strong local reputation for delivering high quality, effective services, in both prevention and treatment.

The Matthew Project has workers throughout Norfolk and Suffolk in both rural and urban areas where it is needed most. Our team work tirelessly to ensure alcohol and substance misuse harm is reduced by reaching out to rural and isolated communities.

We provide support and practical advice to anyone affected by substance misuse to help assist recovery and wellbeing of those needing help.

The Youth Team works across the county with young adults under the age of 25 in relation to drugs & alcohol, wellbeing and health. We aim to empower young adults by giving them the skills to help them to make more informed choices, build resilience as well as maintaining a healthy, balanced lifestyle through our Life Coaching services. We deliver outreach services on Voicebox (mobile outreach vehicle), taking services to young adults within their own communities, including educational sessions, and drop in's around Norfolk.

The Youth Team has received funding from the Suffolk DAAT to deliver universal sessions across Suffolk for 3 days per week supporting settings with educational sessions, workshops, training, drop-ins etc for young people secondary age and older. We are also delivering a family project in Mid Suffolk as part of the Wellbeing Fund supporting families and individual young people.

Maximum of 300 words

7. What was your organisation's total income for last financial year? £3,225,617

8. What was your organisation's total expenditure for last financial year? £3,321,325

9. Does your organisation have more than six months running costs? Yes

10. What are your organisation's current unrestricted reserves or savings? £722,815

11. West Suffolk prioritises building resilient families and communities that are healthy and active. Please indicate which of the following areas your project contributes towards:

- A thriving voluntary sector and active communities who take the initiative to help the most vulnerable.
- People playing a greater role in determining the future of their communities.
- Improved wellbeing, physical and mental health.
- Accessible countryside and green spaces.

About your project – why are you applying for this funding?

12. What do you want the funding for? Please be specific. Please note that 'project' is meant to describe the project for which you are seeking funding, and not your organisation.

The Matthew Project Youth Team has been involved in delivering sessions at Crucial Crews across Suffolk and we see a real benefit in engaging with year 6 pupils around the topics of drugs & alcohol.

Children aged 10-11years old in year 6 attend half a day of back to back sessions

with professionals from the Fire Service, Police etc. Professionals introduce the pupils to their service and focus on personal safety and personal wellbeing.

The Matthew Project delivers a session on drugs & alcohol, normally in a form of a quiz or fast paced, engaging activity. The children go away with bitesize information on the topic. The session also introduces the children to The Matthew Project. If the child needs help now or in the future they know who to go to.

As universal funding in Suffolk has been reduced and focused more on targeted and specialist provision The Matthew Project is unable to deliver Crucial Crews without additional funding.

We would like funding to deliver the 2 week (10 days) Crucial Crew in St Edmundsbury along with 15 supporting primary school sessions.

The supporting primary school sessions will be offered to the schools that attend the Crucial Crew weeks as pre or post session. We feel it is important to offer schools a further session to deepen the learning from the Crucial Crew session and reinforce the information taken away by the child. Or we can prepare children in advance for the Crucial Crew session.

Children in year 6 are about to go through transition as they move from primary school to secondary school. These sessions will resource pupils to make positive choices, remain safe and form healthy relationships. Having an overall impact on the child's wellbeing, physical and mental health.

Maximum of 300 words

13. How has the project been developed out of the community's desire to improve the lives of local people? What evidence do you have that there is a need for this project? Please include sources of evidence, including any public/user/community consultation.

During the last academic year The Matthew Project Youth Team delivered Crucial Crew sessions to 5 different settings across Suffolk. We have been requested to apply for funding or funding has been obtained for us to return to some settings due to the importance of these events.

100% of the staff evaluation forms completed after the St Edmundsbury Crucial Crew indicated that The Matthew Project's scenario held the children's attention, the subject matter was dealt with appropriately, the session was informative and that they could use the session content in lessons.

Over 80% of the staff evaluations rated The Matthew Project session as 'very good'.

We were encouraged to apply for the Community Chest funding to enable us to be able to deliver sessions again for the next academic year.

The additional primary school sessions we would like to offer would support the learning gained from the Crucial Crew sessions.

We have delivered a project focused on primary school sessions in Norwich and received the following feedback from professionals:

"Made children aware of the dangers of smoking and alcohol"

"I liked the whole participation with the cards for the quiz"

"Generated thoughtful questions.... Generated open and frank discussions"

We believe it is important to engage with children before they transition to Secondary School. This preventative work enables children to learn valuable life lessons and introduces them to a support service. The Matthew Project is not the specialist substance misuse provider in Suffol but we do promote Turning Point at universal sessions as Turning Point are unable to deliver this type of service.

Maximum of 300 words

14. How will the project help local people to support one another?

The primary school support sessions are designed to involve the children in learning together. They address issues around healthy relationships and peer pressure as well as drugs and alcohol.

Children will be encouraged to think about the way they treat each other, careful not to peer pressure or bully their friend or classmate into doing something they don't want to do. They will also learn how to say 'no'.

This shared learning will help them as they transition from primary to secondary school.

Maximum of 300 words

15. Are you working with any other organisations on this project? No

If yes, please state the names of these groups and the nature of the relationship.

Maximum of 300 words

16. When will the project start?

When funding is received

17. When will the project finish?
project ongoing?

1 full academic year, or 3 consecutive terms

or is the

If this is an ongoing project, how will it be funded and continue going when the funding ends?

This is not an ongoing project, once the funding ceases so will the service delivery.

As we are funded to deliver the Suffolk Universal work across the county, it is expected that this will come to an end at the end of the academic year 2016/2017 and we have been advised to explore options with Schools Choice. We will look into this and other sources of funding to continue the primary school and Crucial Crew provision.

Maximum of 300 words

18. Which years funding are you applying for? Academic years 2016/2017 – 2017/2018

19. How many people do you expect to benefit directly from the project on either a weekly, monthly or annual basis?

We expect to see approximately 625 children over the duration of the project.

20. What results (including targets/numbers) do you expect to see as a result of the funding and how do these relate to the Community Chest funding criteria? If your project is health related how does it improve health outcomes for residents within community networks and beyond?

We expect to see the following over 1 year:

- 625 children (on average 25 children per session)

As a result of the primary school sessions we expect:

- 50% to have an increased understanding on substance use
- 50% to have an increased understanding of staying safe
- 50% to be able to make healthier choices

As a result of the Crucial Crew sessions, at least 50% of any staff feedback form to indicate that the session was appropriate and informative for the children.

Maximum of 300 words

21. What is the total cost of the project? £10,306.00

Please provide a full breakdown of the total cost of this project, including VAT if applicable along with any in-kind contributions such as volunteer hours.

Item or activity	Cost (£)
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Staff time (this is fully inclusive of costs for office space, pension, employer national insurance contributions, management cost and core costs – finance and HR services)	£9446.00
Staff Travel	£860
Total cost of items listed above:	£10,306.00

22. How much funding are you applying to us for?

£10,306.00

23. What funds have you raised so far for this project?

Source	Amount (£)
None	
Total fundraising:	

24. What other funders have you applied to for further funding for the project?

Funder	Amount (£)	Timescale for decision
None		
Total:		

25. What other grants and contracts has your organisation received over the past year from either Forest Heath District Council or St Edmundsbury Borough Council?

Funder	Amount (£)	Reason for funding
None		
Total:		